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# Medical devices as reservoirs of healthcare associated infection and prevention strategies

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# Transmission of healthcare associated infections

- Contaminated medical devices
  - **Surgical devices**
    - inadequate processing
    - contamination following sterilization (handling, open presentation in the OR)
  - **Endoscopic devices**
    - inadequate processing
  - **Non-optical items touching mucuous membranes**
    - inadequate processing

# The role of cleaning for processing of invasive devices

- Effective and reliable sterilization/disinfection requires a high level of cleanliness
- Cleanliness is difficult to define and to assess
- Visual inspection is not always reliable and sometimes impossible (hollow devices)
- Validation of cleaning processes is often confined to (SDS-soluble) residual proteins
- Threshold values ( X  $\mu\text{g}$  SDS-soluble protein per device) are disputable

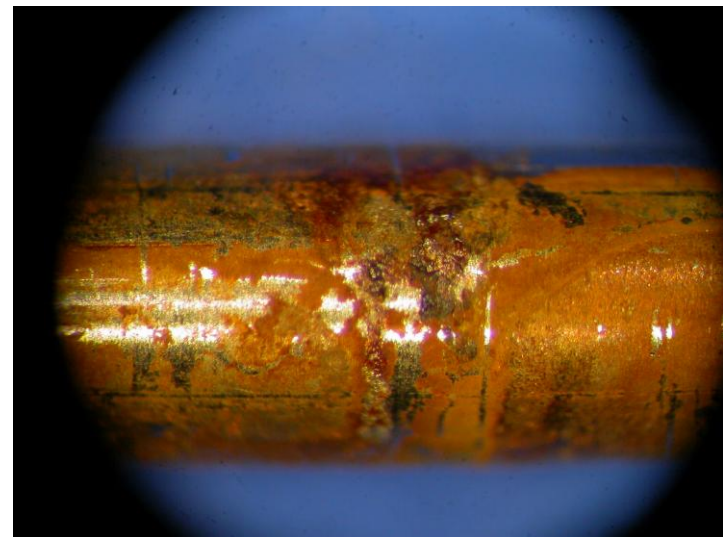
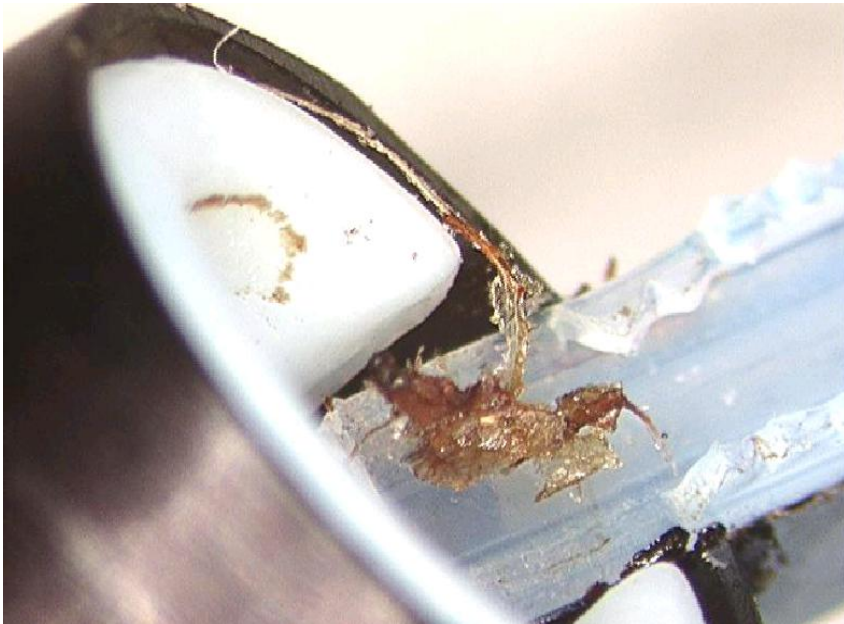
# Medical devices as reservoirs of healthcare associated infection

» Surgical instruments

» Flexible endoscopes

» Ultrasonic transducers

# Testing the cleaning effect: visual inspection



## Testing the cleaning effect: carriers with test soil

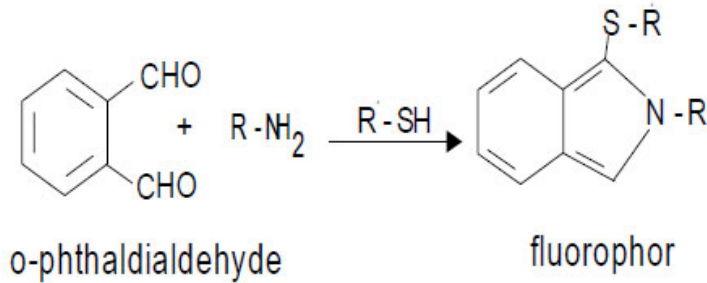
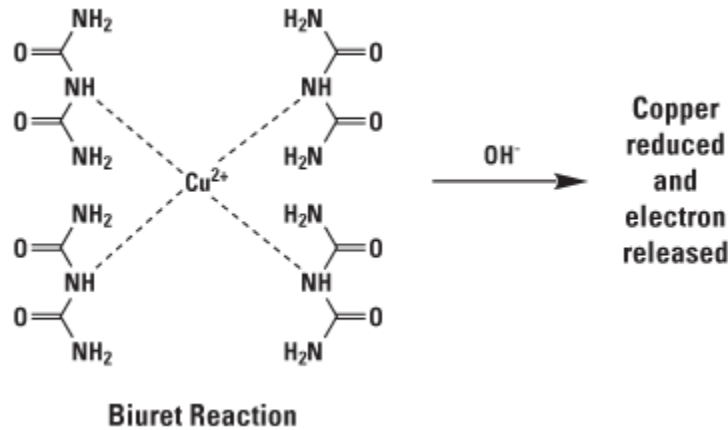


before treatment



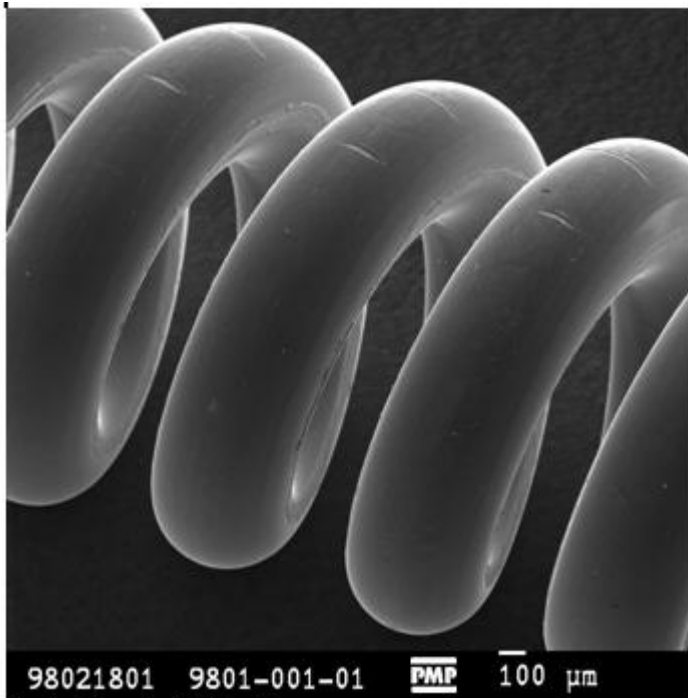
after treatment in a WD: alkaline cleaner

# Testing the cleaning effect: Biuret/BCA and OPA-test

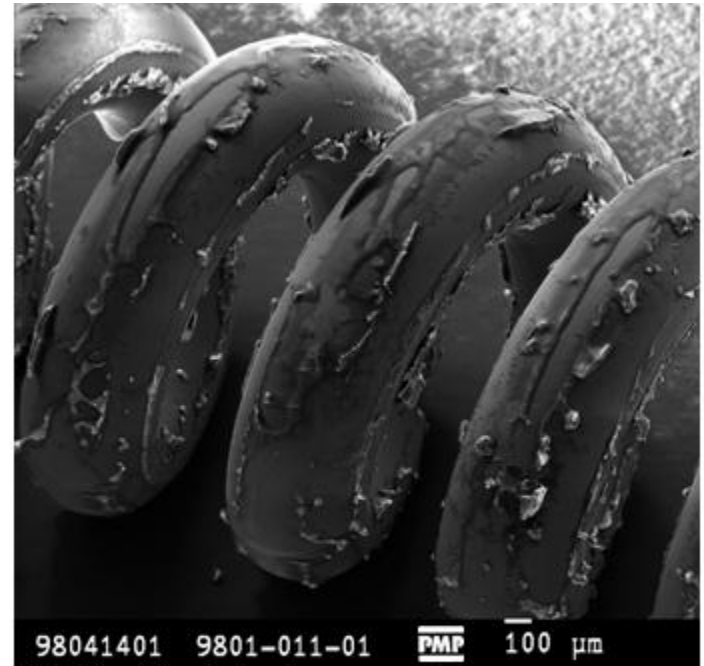


**Figure 1. Reaction of OPA and primary amino groups.** *o*-Phthaldialdehyde, in the presence of reduced sulfhydryl groups, reacts with the primary amino groups found in terminal amino acids and the  $\epsilon$ -amino group of lysine to form fluorescent moieties.

# Testing the cleaning effect: electron scanning microscopy (1)

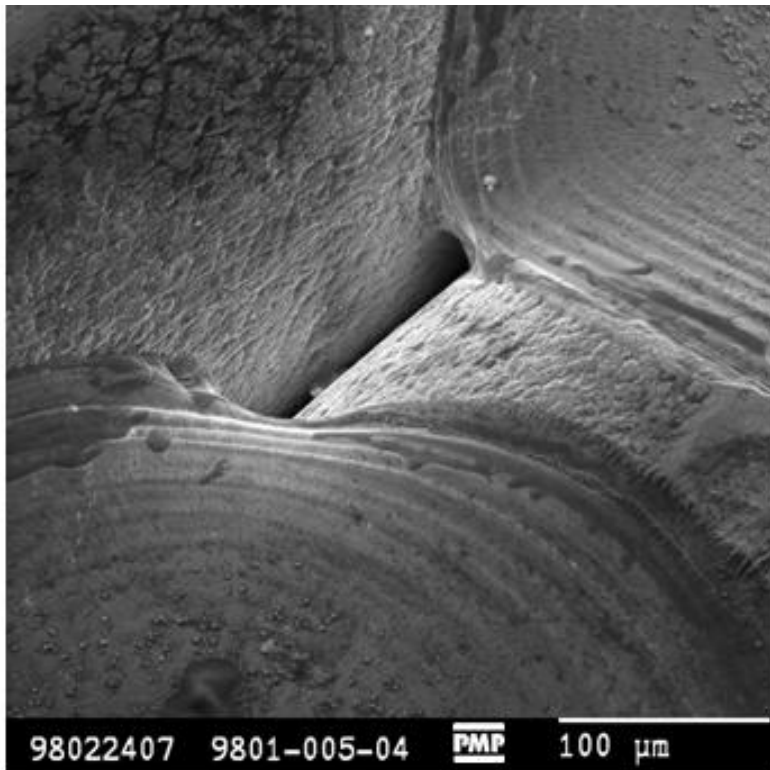


Radial Jaw 3, initial setting  
Location: coil spring, 10 mm above the tip

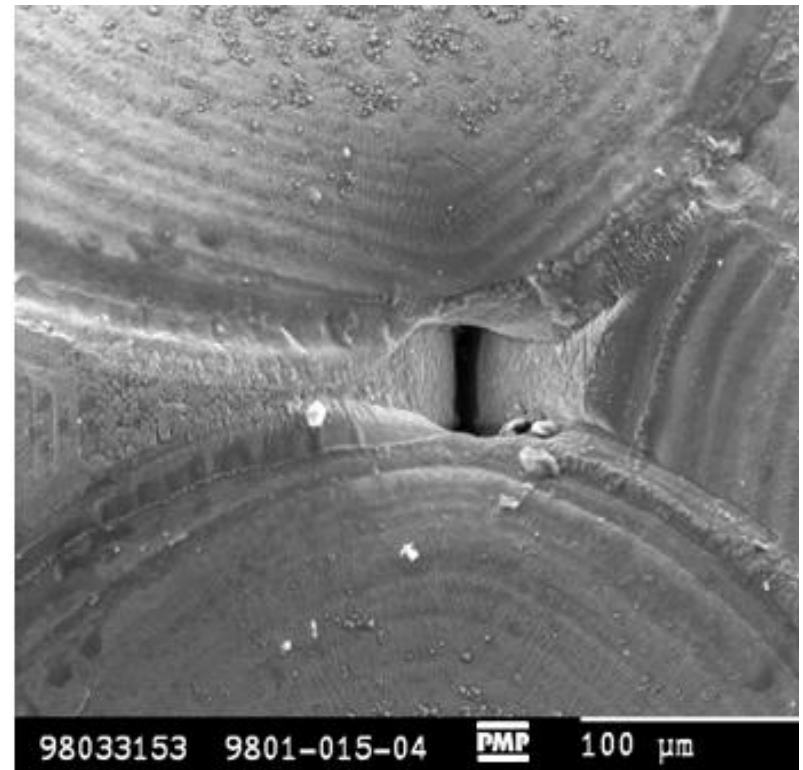


Radial Jaw 3, soiled and reprocessed  
Location: coil spring, 10 mm above the tip  
Coated with contamination

# Testing the cleaning effect: electron scanning microscopy (2)

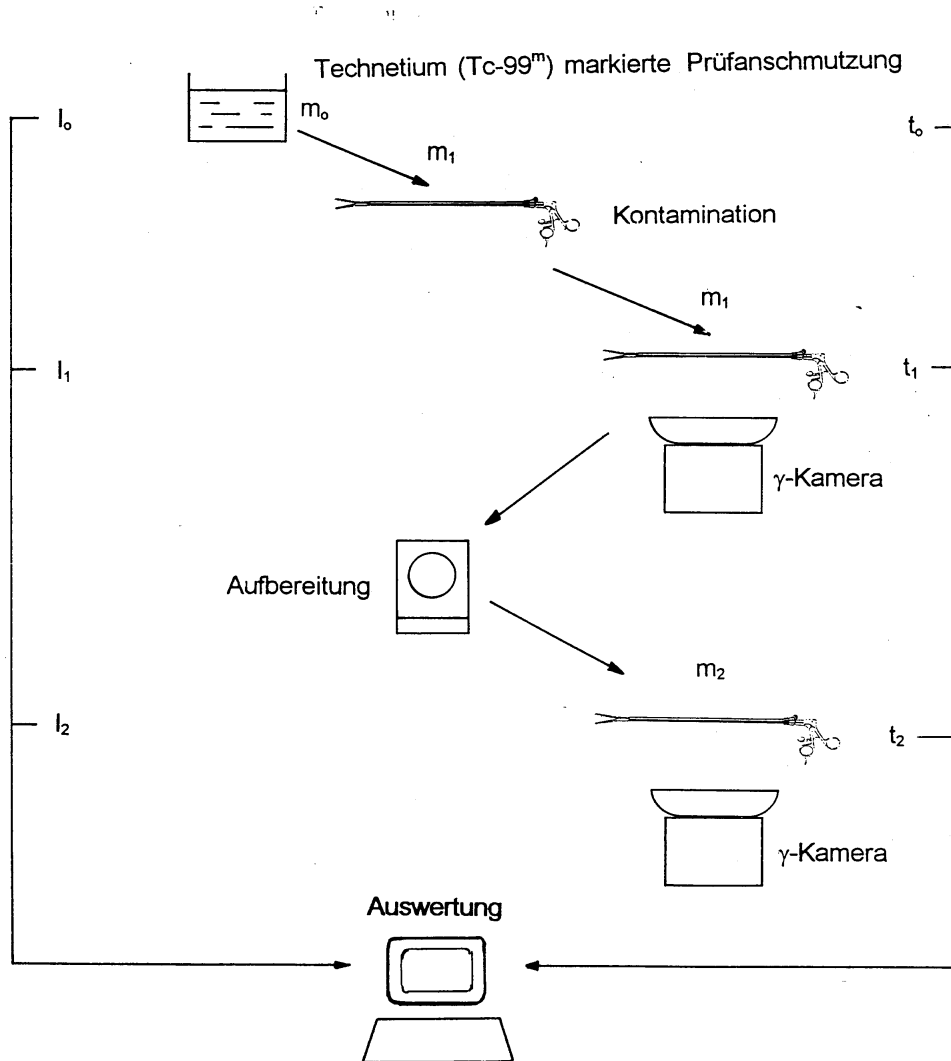


Biopsy Forceps, initial setting  
Location: coil spring, welding area, 200 mm above the tip



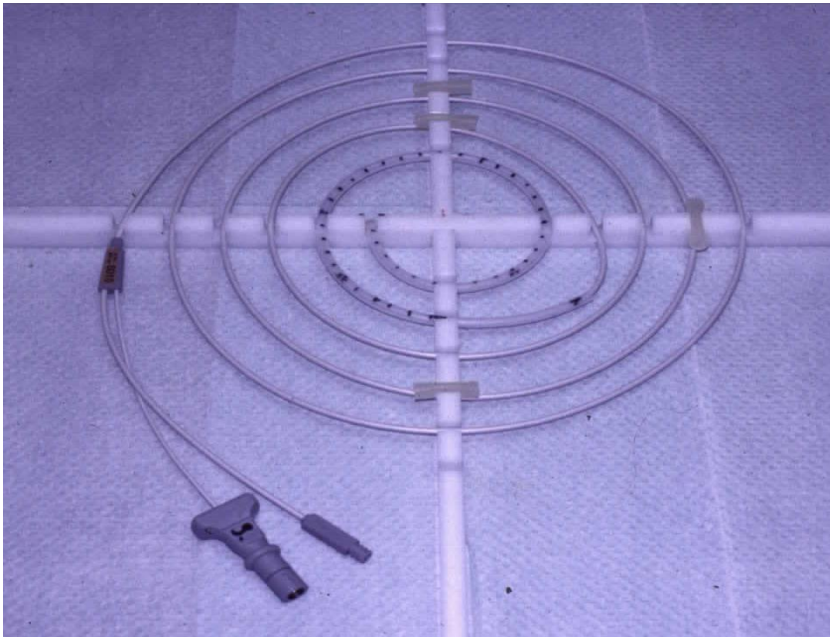
Biopsy Forceps, soiled and reprocessed  
Location: coil spring, welding area, 200 mm above the tip

# Radionuclide Method (RNM) (1)

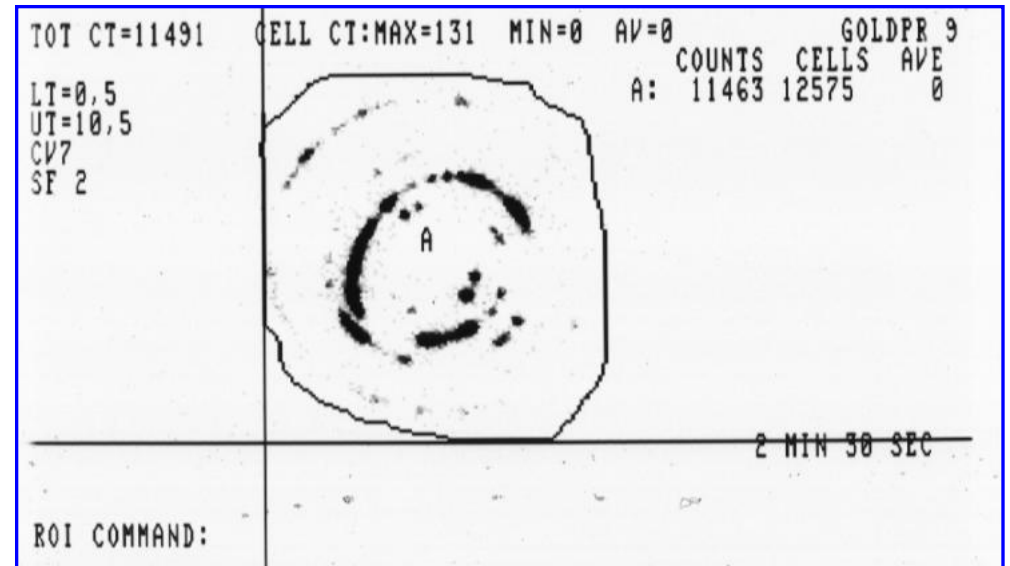
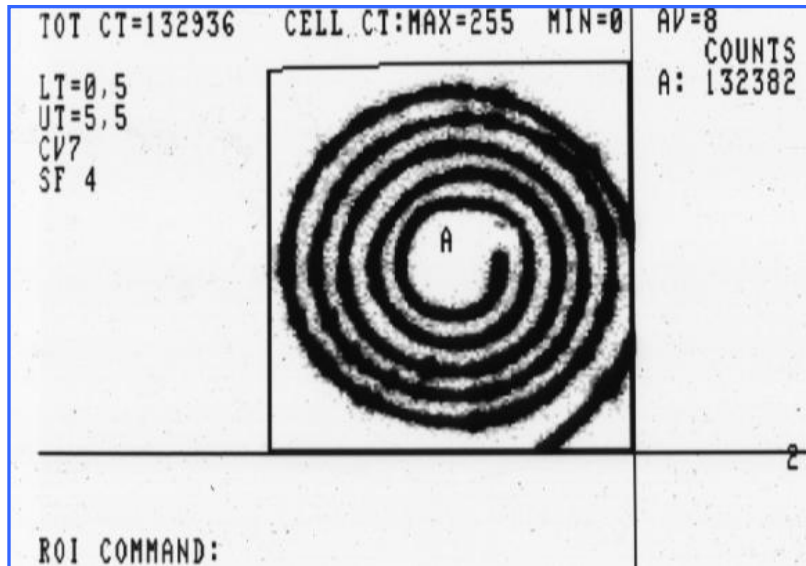


- Radioactive labelling of human blood with Tc 99<sup>m</sup>
- Contamination of the device
- Determination of radioactivity of the device (gamma-camera)
- Reprocessing of the device
- Determination of residual radioactivity
- Analysis: level and distribution of activity

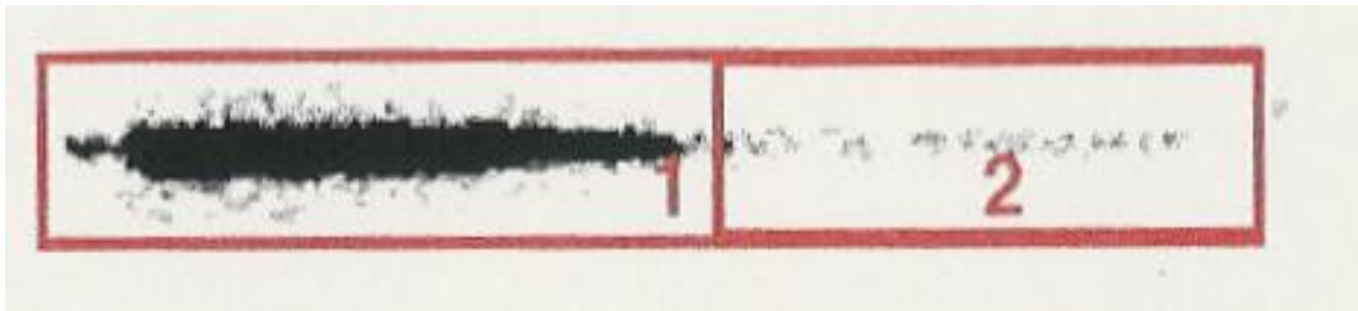
# Testing the cleaning effect: radionuclide method (RNM)



# Radionuclide Method (RNM): results (1)



# Radionuclide Method (RNM): results (2)



# Endoscopy-associated infections: routes of transmission

Endogenous infections (patient's flora):  
injury during instrumentation and  
carry-over of resident flora

Exogenous infection:

cross infection (patient → patient):

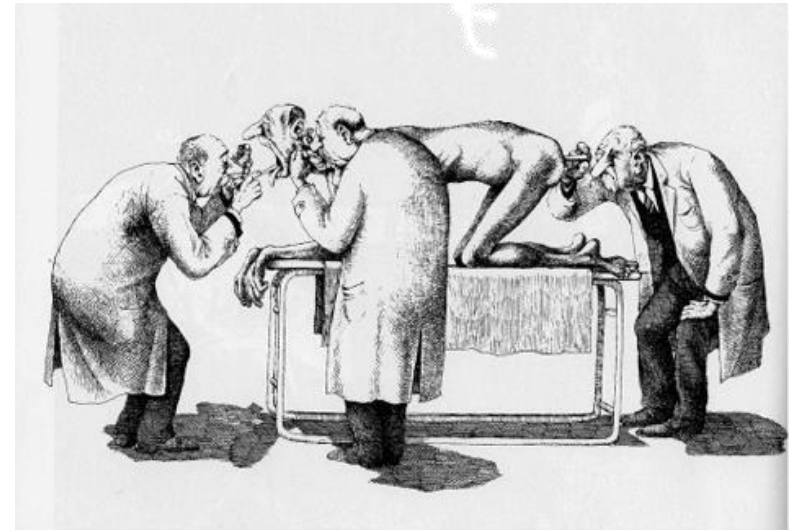
environmental (water, washer disinfectant):

cross infection (patient → staff):

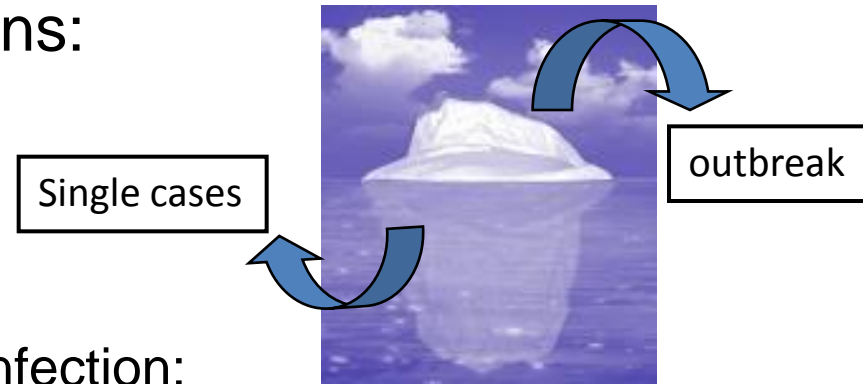
device processing

device processing

device processing,  
factors not related  
to endoscopy



## Endoscopy-associated infections: incidence



Estimated rate of endoscopy-associated infection:  
1/1.8 million procedures

*Kimmey MB et al. Gastrointest Endosc 1993; 39: 885-888*

“However, the true rate of transmission during endoscopy may go unrecognized because of technically inadequate surveillance, no surveillance at all, low frequency, or the absence of clinical symptoms.”

*Kovaleva J et al. Endoscopy 2009; 41:913-916*

# Lessons from outbreaks associated with bronchoscopy

Leers	1980	<i>M. tuberculosis</i>	disinfection with PVP-iodine
Nelson	1983	<i>M. tuberculosis</i>	disinfection with PVP-iodone/70% ethanol
Pappas	1983	<i>M. chelonae</i>	damaged suction channels
Wheeler	1989	<i>M. tuberculosis</i>	contaminated valve
Agerton	1997	<i>M. tuberculosis MDR</i>	ineffective disinfection
Blanc	1997	<i>P. aeruginosa</i>	contaminated washer disinfectant
Michele	1997	<i>M. tuberculosis</i>	ineffective disinfection
Kramer	2001	<i>P. aeruginosa</i>	disinfection using 0.04 % glutaraldehyde
Sorin	2001	<i>P. aeruginosa</i>	connectors not suitable

# Rate of bacteremia following endoscopic procedures

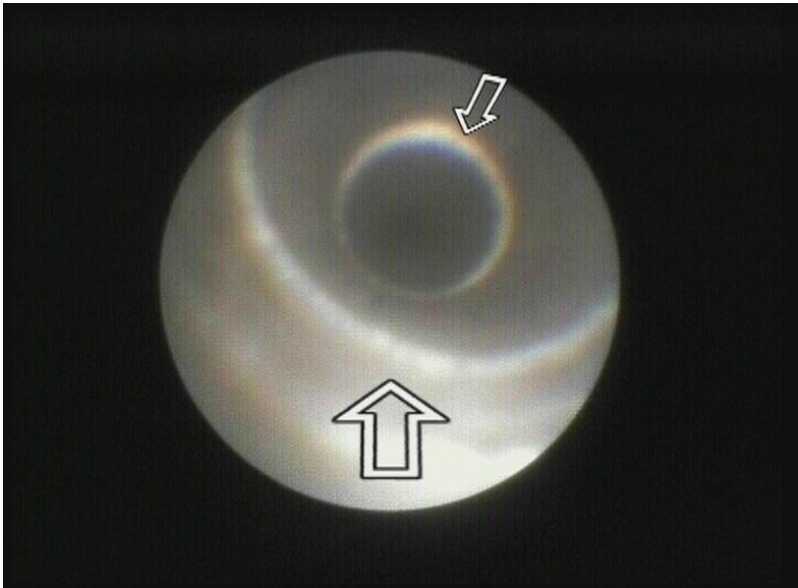
sigmoidoscopy	0.5 %
colonoscopy	2.2 %
gastro-duodenoscopy	4.2 %
ERCP	11 %
esophagus dilatation	22.8 %



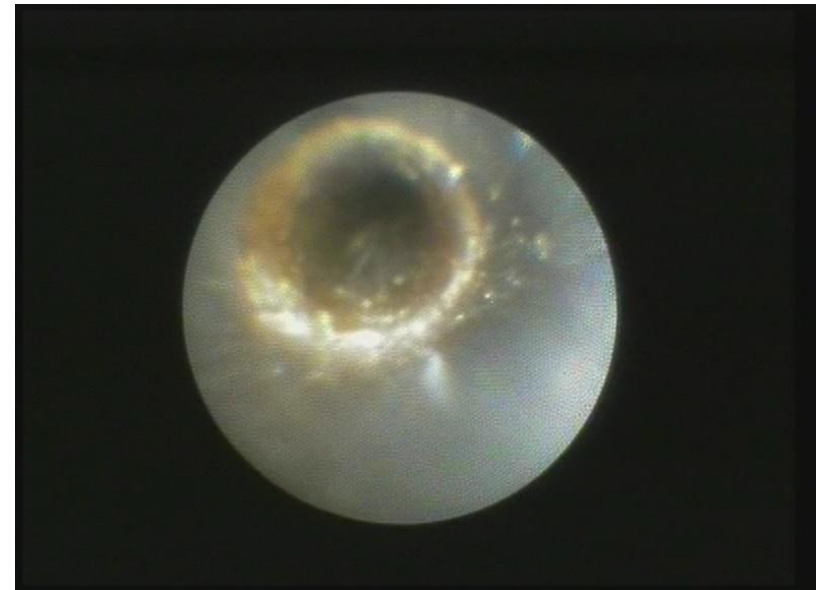
# Transmission of infection by flexible gastrointestinal endoscopy and bronchoscopy

type of procedure	no. of publications	no. of contaminated patients	no. of infected patients
upper GI	19	168	56
sigmoidoscopy/ colonoscopy	5	14	6
ERCP	23	152	99
bronchoscopy	51	742	96

## Wear and tear: alteration of the surface during clinical use



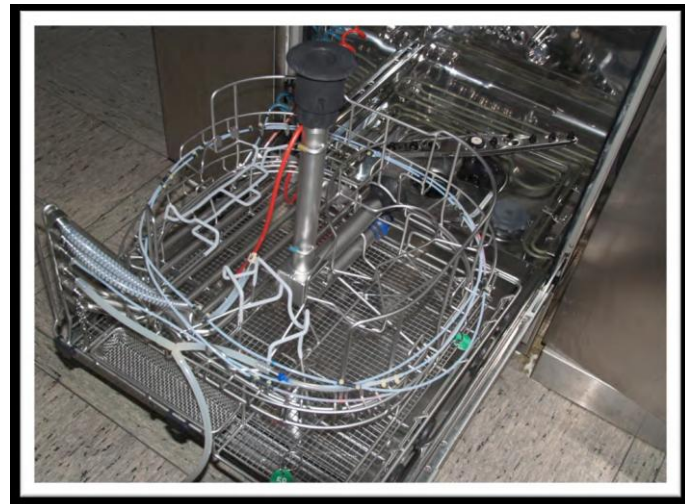
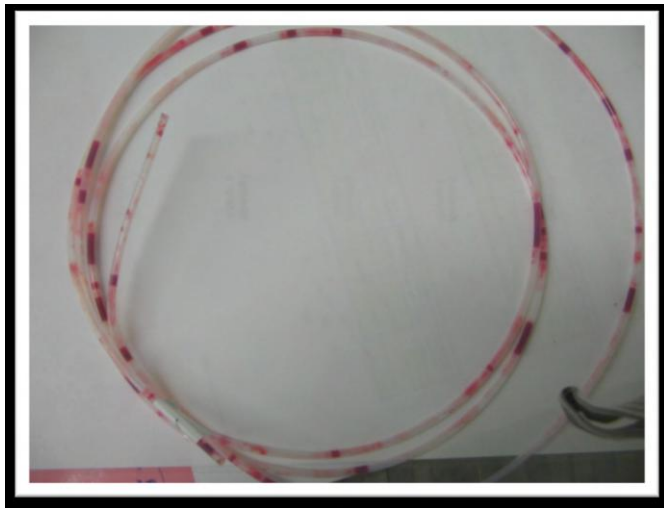
New gastroscope, unused:  
smooth surface of the biopsy channel



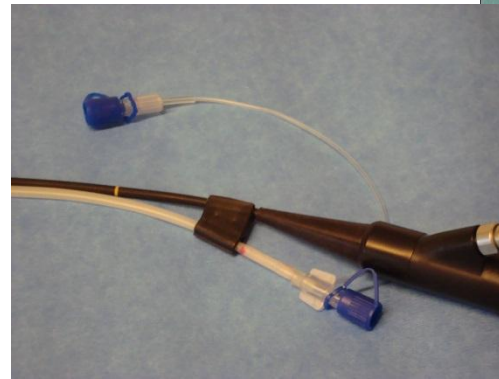
Used gastroscope: debris adhering  
to scratch marks (biopsy forceps, brush)

# Prevention of endoscopy-associated infections: best practice

- Meticulous and careful manual pre-cleaning with lumen-fitting single use brushes (occupational safety!)
- Decontamination using a washer disinfector:
  - process validated according to EN ISO 15883, including single channel connection with control of the flow-rate
  - periodical evaluation of the cleaning and disinfection efficacy
  - routine monitoring of significant cycle parameters (temperature, concentration of the disinfectant, flow-rate, time)



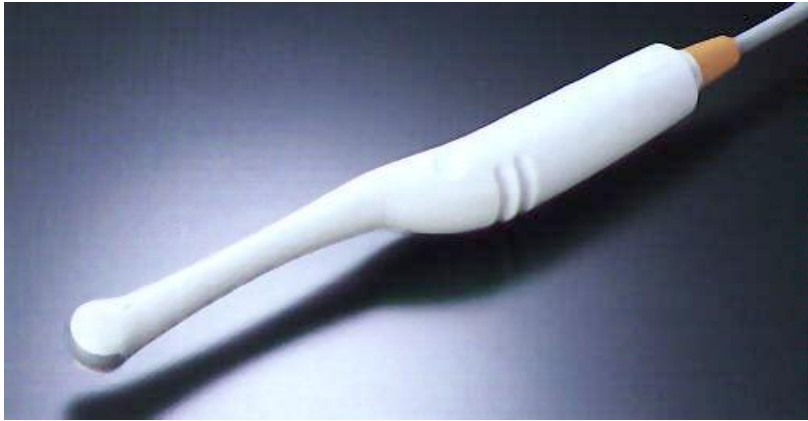
# Next generation technology?



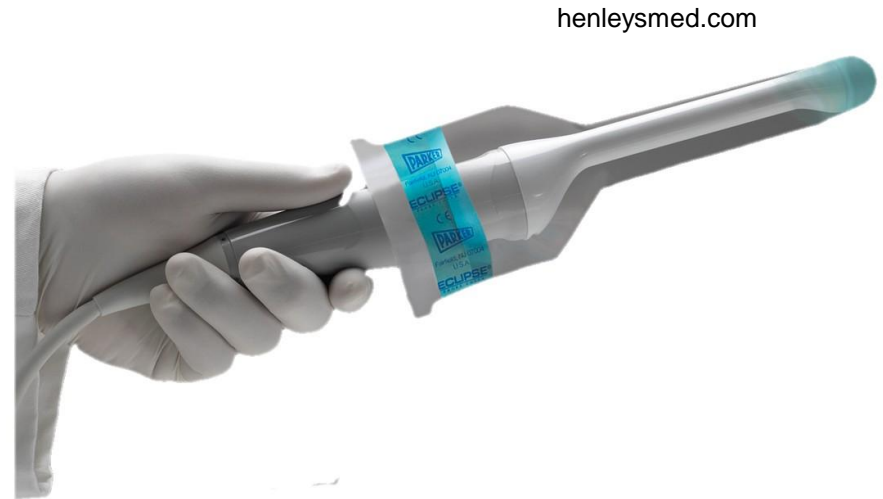
Detachable, single use channels

*Heeg P, Herrmann IF. Ann N Y Acad Sci 2011;1232: 365-368*

# Processing of endocavity ultrasound transducers (probes) - an underestimated problem



[frauenarztbesuch.de](http://frauenarztbesuch.de)



[henleysmed.com](http://henleysmed.com)



[blog.pcimedical.com](http://blog.pcimedical.com)

ORIGINAL ARTICLE

## Evaluation of Ultraviolet C for Disinfection of Endocavitary Ultrasound Transducers Persistently Contaminated despite Probe Covers

Guillaume Kac, MD; Isabelle Podglajen, PhD; Ali Si-Mohamed, MD; Aurelia Rodi;  
Christine Grataloup, MD; Guy Meyer, MD

Bacterial contamination after removal of the cover from endovaginal/endorectal  
probes (n=440):

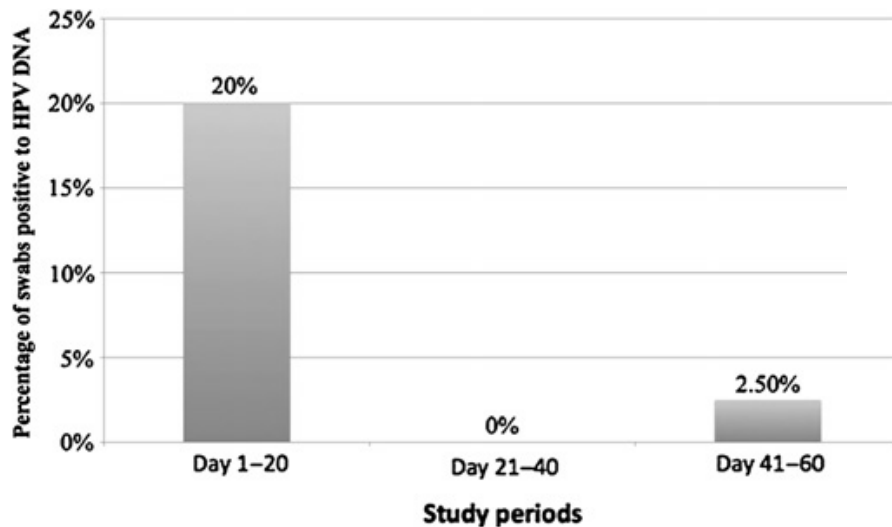
**3.4%** (CI 95%: 2.0 - 5.6)

Viral contamination (EBV, CMV, HPV) (n=336):

**1.5%** (CI 95%: 0.5 - 3.5)

## Transvaginal ultrasound probe contamination by the human papillomavirus in the emergency department

Shuk Ting Christine Ma,<sup>1</sup> A C Yeung,<sup>2</sup> Paul Kay Sheung Chan,<sup>2</sup>  
Colin A Graham<sup>1</sup>



- contamination rate 7.5%
- disinfection using a quat-based spray
- disinfection process not standardized

**Detection of HPV-DNA (n=120)**



Review

## Infectious risk of endovaginal and transrectal ultrasonography: systematic review and meta-analysis

S. Leroy\*

*Epidemiology of Emerging Diseases Unit, Institut Pasteur, Paris, France*

Bacterial contamination (nosocomial pathogens) of endovaginal probes following low level-disinfection (4 studies, n=596):

**12.9%** (CI 95%: 1.7 - 24.3)

Viral contamination (HPV, HSV, CMV) (2 studies, n=408):

covers: **19.4%** (CI 95%: 13.7 - 24.0)

probes: **1%** (0.0 - 10.0)



Review

## Infectious risk of endovaginal and transrectal ultrasonography: systematic review and meta-analysis

S. Leroy\*

*Epidemiology of Emerging Diseases Unit, Institut Pasteur, Paris, France*

Conclusions:

**There appears to be a risk of transmitting bacterial or viral infections via endovaginal/rectal ultrasound transducers**, and the present meta-analysis provides an estimate of this risk. Further research with sophisticated modelling is warranted to quantify the risk.

# High Risk HPV Contamination of Endocavity Vaginal Ultrasound Probes: An Underestimated Route of Nosocomial Infection?

Jean-sebastien Casalegno<sup>1\*</sup>, Karine Le Bail Carval<sup>2</sup>, Daniel Eibach<sup>1,3</sup>, Marie-Laure Valdeyron<sup>4</sup>, Gery Lamblin<sup>2</sup>, Hervé Jacquemoud<sup>5</sup>, Georges Mellier<sup>2</sup>, Bruno Lina<sup>1</sup>, Pascal Gaucherand<sup>2</sup>, Patrice Mathevet<sup>2</sup>, Yahia Mekki<sup>1\*</sup>

PLoS ONE 2012; 7 (10): e48137

After low level-disinfection (n=217): 6 HR-HPV+

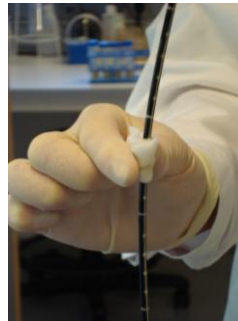
Before examination of the patient: 4 HR-HPV+

## Conclusion:

... We recommend the stringent use of high-level disinfectants, such as glutaraldehyde or hydrogen peroxide solutions.

# Wipe or wash?

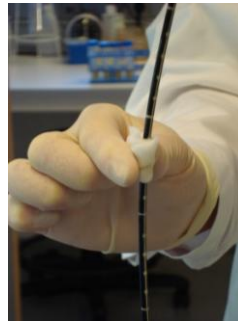
Comparison of different disinfection procedures for contaminated flexible esophagoscopes



	wiping with sterile gauze pad, 30 sec	immersion, 30 sec
2-propanol, 70%	3.14 (1.99 - 5.13)	> 7.13 - > 7.52
cationic detergent	2.87 (1.62 - 3.63)	

# Wipe or wash?

Comparison of different disinfection procedures for contaminated flexible esophagoscopes



**wiping with sterile gauze pad, 30 sec**

**immersion, 30 sec**

2-propanol, 70%

3.14

> 7,13 - > 7,52

(1.99 - 5.13)

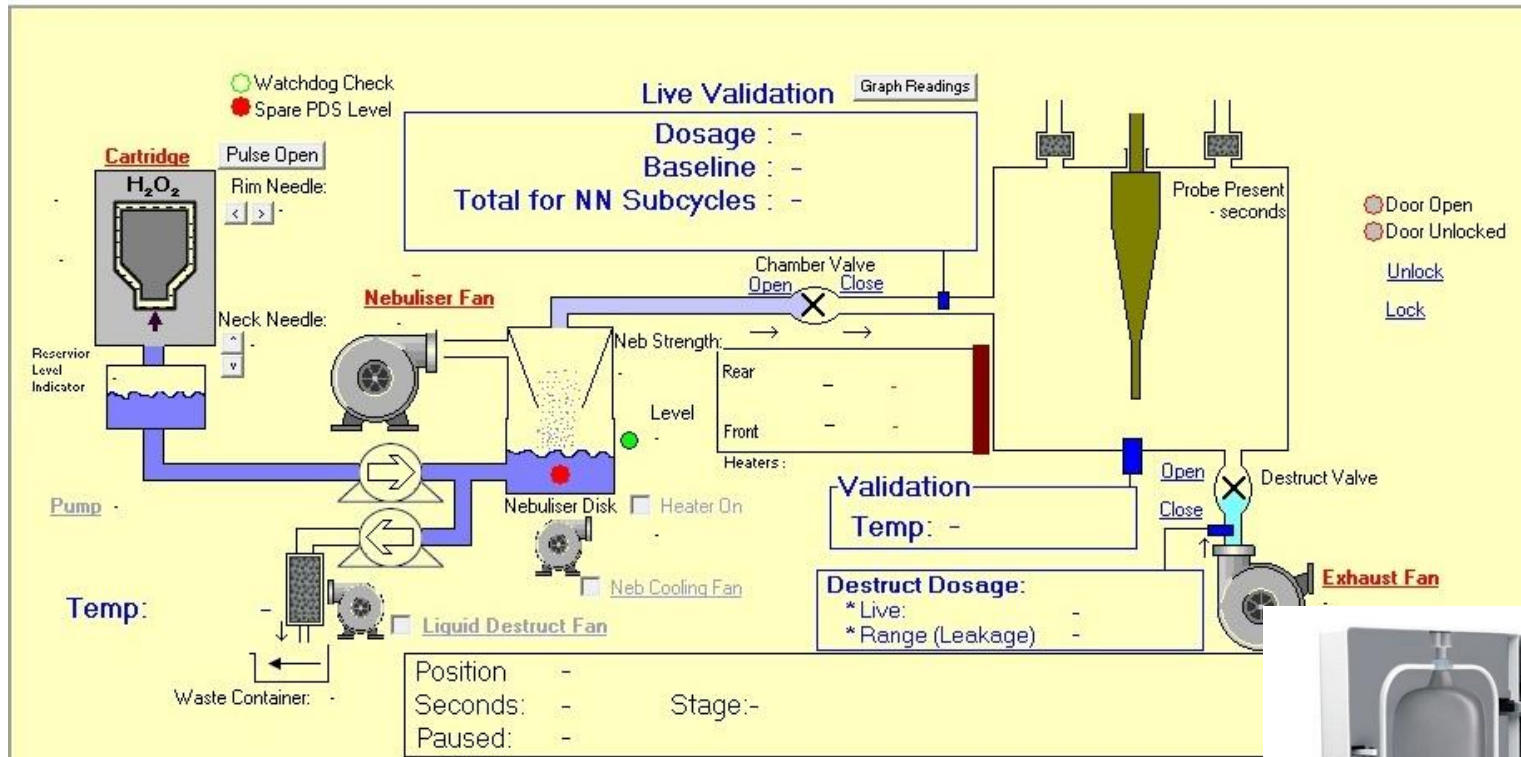
cationic detergent

2.87

(1.62 - 3.63)

**Study conditions!**

# Disinfection chamber using hydrogen peroxide aerosol



nanosonics.com.au



# Testing the Trophon EPR

Testing Center	Method	Organism	Result
AMS Laboratories AUS	AOAC 996.04	<i>C. sporogenes</i> <i>B. subtilis</i>	> 6 log > 7 log
AMS Biotech Germande FR SMP, Tuebingen, GER	AOAC 996.04 EN 14561	<i>G. stearotherm.</i> <i>S. aureus</i> <i>P. aeruginosa</i> <i>E. hirae</i> <i>M. terrae</i> <i>M. avium</i> <i>C. albicans</i> <i>A. niger</i>	> 6 log > 6 log > 6 log > 7 log > 7 log > 5 log > 5 log > 4.7 log
AMS Mikrolab, Bremen GER	AOAC 996.04 EN 14561	poliovirus	4.0 log
AMS	AOAC 996.04 EN 14561	poliovirus	> 4.3 log
AMS	AOAC 996.04 EN 14561	herpes virus Type I	> 4.3 log
Mikrolab	DVV-guideline	vaccinia virus strain Elstree adenovirus type 5 SV 40 strain 777	4.0 log

# Prevention of medical device-associated infections: lessons to be learned

- ☆ education including practical training for the staff
- ☆ validated processing using washer disinfectors with particular attention to cleaning
- ☆ if WD are not available: manual processing strictly adhering to standard operation protocols
- ☆ safe storage and appropriate presentation of the devices on the site of use
- ☆ regular monitoring of processes and handling by the staff
- ☆ surveillance of device associated infections despite their supposed low incidence

## Conclusion

Infections associated with the use of medical devices are:

possible,

rare,

for the most part  
preventable.



Thank you

