



Ministry of Health



**Help prevent the
Spread of infection**



***Have You Washed
Your Hands?***



1. Palm to palm



2. Right palm over left
dorsum and left palm over
right dorsum



3. palm to palm fingers
interlaced



4. Backs of fingers to
opposing palms with
fingers interlocked



5. Rotational rubbing of
right thumb clasped in left
palm and vice versa



6. Rotational rubbing,
backwards and forwards
with clasped fingers of
right hand in left palm and
vice versa

7. Rinse hands

8. Dry well with paper towels

***STOPPING THE SPREAD OF
INFECTION IS EVERYONE'S
BUSINESS***

For more information please contact the following address:

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