

Perform a particulate respirator seal check



Step 1

- Cup the respirator in your hand with the nosepiece at your fingertips allowing the headbands to hang freely below your hand.



Step 2

- Position the respirator under your chin with the nosepiece up.



Step 3

- Pull the top strap over your head resting it high at the back of your head. Pull the bottom strap over your head and position it around the neck below the ears.



Step 4

- Place fingertips of both hands at the top of the metal nosepiece. Mould the nosepiece (USING TWO FINGERS OF EACH HAND) to the shape of your nose. Pinching the nosepiece using one hand may result in less effective respirator performance.



Step 5

- Cover the front of the respirator with both hands, being careful not to disturb the position of the respirator.

Step 5a: Positive seal check

- Exhale sharply. A positive pressure inside the respirator = no leakage. If leakage, adjust the position and/or tension straps. Retest the seal. Repeat the steps until the respirator is secured properly.

Step 5b: Negative seal check

- Inhale deeply. If no leakage, negative pressure will make respirator cling to your face.
- Leakage will result in loss of negative pressure in the respirator due to air entering through gaps in the seal.